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## **About the Authors**

**DAN MILLMAN**, a former world champion gymnast, university coach, and college professor, has written 16 books read by millions of readers in 29 languages. Dan's work includes fiction and nonfiction, two children's books, and a first-draft screenplay for *Way of the Peaceful Warrior*, released by Universal Pictures in 2007. For three decades he has worked with publishers large and small; represented himself and partnered with top literary agents; toured the U.S. and overseas; and given hundreds of media interviews for radio, television, print, and online video. A popular international teacher and speaker, Dan delivers keynotes, seminars, and workshops for professional and private clients and associations, and has also taught at numerous writing conferences and retreats. [www.peacefulwarrior.com](http://www.peacefulwarrior.com)

**SIERRA PRASADA** is the author of *Creative Lives: Portraits of Lebanese Artists*. While living in Beirut between 2007 and 2011, she reported on Lebanon for radio and magazines and gained proficiency in spoken and written Arabic. Now based in Washington, D.C., she works as a freelance journalist, workshop teacher, and editor. Sierra previously contributed curricula to the New York Times Learning Network and earned a master's degree from the Medill School of Journalism in Chicago. Her current undertakings include a ten-year 20<sup>th</sup> Century Project, a screenplay adaptation, and other fiction and nonfiction projects. [www.sierraprasada.com](http://www.sierraprasada.com)

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